

A 5-DAY LEADERSHIP & YOGA IMMERSION

# Lead with presence\*

## From the inside out\*

Not a break from leadership - a step change in it. Over 5 days in the Moroccan Atlas Mountains and a nourishing environment, you will move, think, breathe, and reconnect with the clarity that high performance can quietly pull you away from yourself. **For conscious leaders** who sense that something needs to shift, but haven't yet had the space to understand what's shifting within them.

DATES	LOCATION	SETTING	FORMAT
16-20 October 2026	Luxury kasbah, Atlas Mountains, Morocco	Intimate group <i>Participation confirmed after a personal conversation</i>	4 nights - 5 days Full Board

LEADERSHIP PROGRAMME

### Positive Psychology in practice

4 **masterclasses** designed to move beyond theory - grounded in science and designed to the realities of **leadership**.

- The power of positive leadership
- Strengths-based engagement
- Your values as a leadership compass
- Motivation, growth, and what drives people

YOGA PROGRAMME

### Move as you lead - With intention

Morning and evening **Yoga sessions** are woven into the leadership journey, rather than added on top of it.

- 8 classes that shape leadership from within
- Yoga, breathwork, meditation and somatic practices
- Each session mirrors the leadership theme of the day
- No experience required. No performance expected

YOU LEAVE WITH

- A personal leadership identity - clear, grounded, yours
- Practical tools you can use as soon you return and that last long after the immersion
- Clarity & wellbeing you may not have realised were missing

WHAT'S INCLUDED

- Private accommodation
- All meals: breakfast, lunch & dinner
- 8 yoga and meditation sessions
- 4 leadership masterclasses and workshops
- 1 individual leadership coaching session
- Leadership in Practice booklet
- Yoga Shala & mats & props
- Access to 3 pools, (incl. 1 heated)

### Sandra Collomb

CERTIFIED COACH - EXECUTIVE & LEADERSHIP ADVISOR

~20 years leading global transformation in the corporate world, Sandra brings both strategic depth and human insight. Master of Arts in Positive Psychology and certified coach (2024). She brings the science of human flourishing into leadership in a way that genuinely lasts.

### Juliette Tempez

CERTIFIED YOGA INSTRUCTOR - CORPORATE LEADER

~15 years in international corporate environments and a deep passion for human growth & transformation, Juliette became a certified Yoga Instructor (2022). She sees yoga as an inner practise - a way of being and engaging with life and has led multiple retreats.

From 2200 €  
Early bird | Private accommodation



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